



JULY NEWSLETTER



AS MENTORING

INCOMING WORKSHOP...

AS MENTORING PRESENTS A TWO-PART ONLINE WORKSHOP FOR AUTISTIC ADULTS SEEKING TO UNDERSTAND & EMBRACE THEIR UNIQUE NEURODIVERGENCE WITH OTHERS

EXPLORING YOUR AUTISM

What is autism and how does it affect you?

Coping with later diagnosis

If, how and when to share with those around you

What autism specific support is out there?

Connect with others on similar journeys in a safe, inclusive space



For more information or to sign up contact us at
workshops@asmentoring.co.uk
or visit
[AS Mentoring](#)

 Online via zoom. Facilitated by Charlotte

 £40 or 1 hr of employment grant

 We are looking to run this in September but this workshop can only go ahead if we receive enough registrations.

Here's what previous participants have shared:

"I just wanted to say a huge thank you to you for the webinar; I have found it so valuable. Feeling 'heard' through other people's similar experiences; having a broad not narrow range of life experiences to witness, being able to talk and share, and some great resources... learning about fluctuating capacity, common feelings post diagnosis and issues around sharing"



@asmpeople



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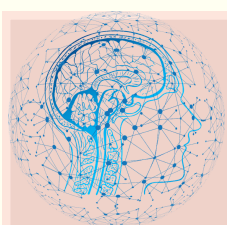


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Here's what previous participants have shared:

"I was feeling a bit sad about missed opportunities in my life due to late diagnosis, but now I feel a little hopeful about a new chapter."

"It's great to have adult-specific content as in my own personal research experience much information is aimed at children and young people."



Is your organisation looking to become more neuroinclusive?

Are you/your organisation seeking practical ways to support neurodiverse employees and unlock their potential?

ASM partners with employers across sectors to create workplaces where neurodiverse talent not only works, but thrives. We offer a range of services for employers, from individual support for staff, to training for teams, to big-picture consultancy on policies and culture.

"ASM delivered eye-opening training to our staff – I recommend them to all employers looking to learn more about autism and neurodiversity."

A shout out to some of the organisations we have trained this month. Thank you Veran and ExTrac for trusting ASM to help you kick start your neuroinclusivity journey



If your organisation is interested in talking to us reach out to enquires@asmentoring.co.uk



We'd love for you to be part of our upcoming newsletters so if you have a positive story to share or a ND friendly venture or business we can promote get in touch
alice.mitra-hall@asmentoring.co.uk



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