



SEPTEMBER



ASM's Live Events



AS MENTORING PRESENTS:

Autistic Women in Work

A MONTHLY peer support group for Autistic/AuDHD women in the workplace

A virtual place to connect with and build a community of like minded working women

A supportive space to explore unique experiences, of to share tips, strategies, and personal stories.

WHEN: A year long group starting Feb 2027 PM on a weekday decided on majority preferences.

WHERE: ZOOM

COST: Self -funded £40 or by current workplace support funding.

Interested in joining or finding out more?

Email workshops@asmentoring.co.uk



We're currently putting together our upcoming calendar of events, and we'd love to hear from you!

Are there any workshops, groups or sessions that you would find particularly useful? We want our programme to reflect what our community actually needs, so your ideas and suggestions are very welcome.

Let us know what you'd like to see — your feedback will help shape our future events.



EXPLORING YOUR AUTISM

INCOMING WORKSHOP...

AS MENTORING PRESENTS A TWO-PART ONLINE WORKSHOP FOR AUTISTIC ADULTS SEEKING TO UNDERSTAND & EMBRACE THEIR UNIQUE NEURODIVERGENCE WITH OTHERS



Online via zoom. Facilitated by Charlotte



£40 or 1 hr of employment grant



This workshop can only go ahead if we receive enough registrations.

For more information or to sign up contact us at
workshops@asmentoring.co.uk
or visit

AS Mentoring



@asmpeople



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Horticulture placement scheme Oct 2026



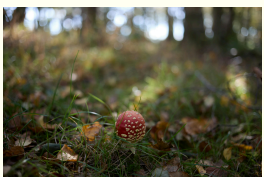
We are sharing this opportunity on behalf of Urban Forest Collective. A nature and outdoor-focused Community Interest Company based in Finsbury Park, North London.

SETH (Supporting Employment/Education Through Horticulture) is a weekly Autumn Cohort horticulture placement scheme starting Oct 2026 that brings autistic individuals together to build friendships and connections, practise independence, and gain both work and lifelong skills.

The Placement

Placements are free for autistic people (18+) who are not in full-time employment or education and who can travel independently to the venue.

Interns can expect a variety of hands-on activities, which may include:



Sustainable Horticulture & Gardening

Nature & Conservation

Arts & Crafts

Community Woodworking

Social & Business Skills

Core Skill Development



For more information

Open Day on Friday 18th September at Edible Landscapes Finsbury Park:

In-Person Visit: 10:30 AM – 12:00 PM

Zoom Call: 5:00 PM – 6:00 PM

Places are limited so to register your interest or for more information please email:

info@urbanforestcollective.org



WHAT CAUSED MY AUTISTIC BURNOUT? SIT DOWN.



because apparently this is what "workload equity" looks like

Maa Matangi

We'd love for you to be part of our upcoming newsletters so if you have a positive story to share, a piece of artwork or a ND friendly venture or business we can promote get in touch!

alice.mitra-hall@asmentoring.co.uk



@asmpeople



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