



FEBRUARY

NEWSLETTER

GROUPS & WORKSHOPS



ASMENTORING.CO.UK
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We are recruiting new members for our groups

Virtual Sessions via Zoom

Peer Support Group Looking for new members

Hosted by Mike



A monthly online programme consisting of workshops and peer support for employed neurodivergent people.

A safe, motivating and encouraging space for individuals to share their experiences.

'It's good to spend time with other people who've had similar experiences, where I can be myself without fear of judgement.'

COST: Self funded £35 or via current workplace support funding

For more information visit :

<https://forms.gle/tMSavkKB25moy44X6>

EXPLORING YOUR AUTISM



AS MENTORING PRESENTS A TWO-PART ONLINE WORKSHOP FOR AUTISTIC ADULTS SEEKING TO UNDERSTAND & EMBRACE THEIR UNIQUE NEURODIVERGENCE WITH OTHERS

What is autism and how does it affect you?

Coping with later diagnosis

If, how and when to share with those around you

What autism specific support is out there?

Connect with others on similar journeys in a safe, inclusive space

Part 1 - Saturday 14th March 2026 11 am - 1pm

Part 2 - Tuesday 17th March 2026 6.30pm - 7.30pm

For more information or to sign up contact us at

workshops@asmentoring.co.uk

or visit

www.asmentoring.co.uk

15 places only so please book in advance to confirm your attendance.

The ASM Neurodiversity Partner Programme



**Building Inclusive Workplaces,
Empowering Neurodivergent Talent**

Your organisation now has the opportunity to join us through a transformative initiative designed to help organisations attract, support, and retain neurodivergent talent.

Through expert-led training, mentoring, and tailored workplace solutions, we empower your teams to build a culture where everyone can thrive.

To hear more about this, or if you would like us to organise a meeting with your employer, get in touch : enquiries@asmentoring.co.uk

For more info visit :

<https://asmentoring.co.uk/employers/neurodiversity-partner-programme/>

Workshop Funding Options



Workshop/group funding options

Self-funded - £35

Autism Forward funding - £35 of current grant

Access to work - 1 hr of current grant

If you are interested in signing up for any of our current events please email workshops@asmentoring.co.uk to book your place.

All of our groups and workshop events are available to view on our website.

<https://asmentoring.co.uk/live-events/>

